



SOUTH COAST ROADRUNNERS
PO Box 4733, Irvine CA 92616-4733
www.roadrunners.org

The South Coast Roadrunners (SCRR) has been a fixture in the Southern California running community since 1984. We are based in Irvine and welcome runners of all ages, speeds and styles. We are a member club of RRCA, Road Runners Club of America.

Please check out www.roadrunners.org for details on our runs and event meeting places and times.

We are a 501(c)3 non-profit organization. Your dues pay for our web page, refreshments, insurance, parties, newsletter publication, and more.

Please join us... **SCRR MEMBERSHIP FORM**

Name(s) _____

Address _____

City/State/ZIP _____ E-mail _____

Phone – Home _____ Work _____ Cell _____

Referred by _____ New Member _____ Renewal _____

Date of Birth (for establishing age group in SCRR Grand Prix race series) _____

Membership dues: Individual \$30 (\$55 for two years) Family \$45 (\$85 for two years)
Please make check payable to: South Coast Roadrunners (SCRR)

SCRR SAFETY GUIDELINES

All SCRR members and guests should be aware of these guidelines to ensure everyone's safety on club runs.

- Runners are advised to run on the sidewalk or bike path at all times. **Per the City of Irvine Municipal Code Ordinance number 192: Pedestrians are prohibited from proceeding along a bicycle path or lane where an adjacent adequate pedestrian facility exists.**
- Obey all traffic laws. Do not cross a street against a red light.
- Wear a reflective vest, light or reflective clothing when running at night. Carry a light if running on an unlit course.
- Carry emergency identification and phone numbers at all times. Do not leave an injured (or otherwise stopped runner alone).
- Know the route, or run with someone who does and be courteous to other runners, walkers, roller-bladers, bikers, and of course, drivers.
- Share the path. Run on the right side of the bike path and allow room for bikes to pass in both directions.
- Carry adequate water, particularly during long runs, trail runs, and in warm weather.
- Do not wear headphones during club runs and be alert at all times.

RELEASE AND WAIVER OF LIABILITY

I know that running and volunteering in club runs and races are potentially hazardous activities. I should not enter and run in club activities unless I am medically able and properly trained. I assume all risks associated with running in club activities including, but not limited to, falls, contact with other participants, the effects of weather, including high heat and or humidity, the conditions of the road, bike path, or sidewalk, all such risks being known and appreciated by me.

In connection with the submission of this application and in consideration of being permitted to join South Coast Roadrunners ("SCRR"), I hereby RELEASE, WAIVE, DISCHARGE AND COVENANT NOT TO SUE SCRR, its officers, agents, sponsors, members, or volunteers ("releasees") and the Road Runners Club of America from all liability to the undersigned, for any loss or damage, and/or any claim or demands therefore on account of injury to my person or property, whether caused by the negligence of the releasees or any third party while I am participating in any event organized, hosted or sponsored by the releasees.

I further expressly agree that the this RELEASE AND WAIVER AGREEMENT is intended to be as broad and inclusive as is permitted by the law of the State of California and that if any portion thereof is held invalid, it is agreed that the balance shall continue in full legal force and effect.

I HAVE READ AND UNDERSTAND THE SAFETY POLICY AND VOLUNTARILY SIGNED THIS RELEASE AND WAIVER OF LIABILITY and further agree that no oral representations, statements or inducement apart from that set forth in this written agreement have been made to me.

Signature of Applicant _____ Date _____